



Translation from Bulgarian

BORYANA TSVETKOVA-IVANOVA

SEX FOR MEN IS ALWAYS GOOD

Boryana is a Master in Psychology. She works with young people, she herself has two children aged 5 and 7. I asked her for professional advice how to manage with relationship crises. Our conversation was so interesting that I could hardly reproduce it in just one issue of the newspaper. See for yourselves.

“Boryana, to what extent can a psychologist help a couple when there are serious problems in the relationship?”

A psychologist knows the possible reasons that led to a particular problem and is able to manage with the problems. It is a fact that men and women are essentially different in their way of thinking and acting. For that reason they are not always able to understand each other. Put in another way, briefly, one of the methods is when a psychologist takes up the role of a translator between the two sexes allowing each partner in a relationship to accept the view point of the other.

“Let’s talk some more about crises in marriage. Can we prevent cheating for example and why do partners cheat?”

Marriage does not guarantee that we would not meet interesting people. Men are polygamous. The proliferation of semen is encoded in male individuals. Women do not have such encoding because a woman can carry one child over a certain period of time. Why is it more pleasant with a lover? Because everything there is much simpler – no day-to-day issues, no common problems, just pleasure for a while. A lover does not complain but meets a man with desire. He sees her always in a good mood because dates are agreed upon while dates in co-habitation are inevitable. Thus men are left with the impression that it is better with HER.

“And she wants him at any time?”

Yes, she always wants him and this nourishes his self-esteem. People tend to fall in love rather in their reflection in another person’s eyes. We are better than men at playing tricks, purring, currying favour and playing roles. If you give him the emotions that she gives him you will deprive her of the right to give him more. What does she give him more than the wife? Nothing, but she takes nothing either. When one is alone one is entitled to do whatever he or she wants. Why do we believe that after marriage a person’s mission is to become another person’s unconditional property? The fact that he has decided that you will be the one to rely on him does not mean that you have to possess his emotions as well. There are no guarantees that you will not be attracted to another person as well.

“Yet cheating destroys many families”

A responsible individual does not allow to be accused of cheating. Cheating is not something that we do against our partner but something that we do for ourselves. We should not think that if he has chosen us he has no right to prove his masculinity. Bans and limitations in marriage do not contribute to a relationship. So, unless you have a reason, do not dig. Do not demonstrate that you expect him to cheat on you at any time because thus you could allow him to justify your expectations. Show him that even if something happens you believe that he does not want to hurt you and will do everything possible to keep the situation secret from you.



