



Translation from Bulgarian

BORYANA TSVETKOVA, PSYCHOLOGIST

Praise the child for each problem solved

“What are the obstacles facing teachers who teach first graders?”

“The energy of children at this age is something normal and it should not bother parents. On the contrary, a quiet and calm child who is afraid to pursue his or her instincts is a reason for concern. Teachers are those who channel children’s energy into study. Logically, this profession is one of the most responsible and difficult occupations. Teachers are expected to turn these small people experiencing difficult to focus their attention into reliable individual confident in their abilities. Unfortunately, some teachers demand blind subordination and neglect the individual approach. Such professionals should, in my opinion, teach students from higher grades where competence in a specific area is important.

“Should kids be treated as equals?”

The parents and teachers should emphasize the unique qualities of each child so as to make him or her important and successful in specific areas. I would advise parents to watch first graders for any anxiety. If a pupil is unable to adapt after a month or two it would be good to talk to the class teacher. For that reason there are psychologists at schools working as pedagogical advisors. Unfortunately, there is a widespread understanding that children seeing psychologists either have any deviations or do not develop normally. Parents should accept a psychologist as a person who will help them.

“What should a parent focus on?”

Influenced by the requirements of a particular teacher regarding homework and lessons parents prioritize the results from the study process. They start insisting that the child is 100% prepared at any cost and irrespectively of the conditions. Parents’ attention should be focused on how the child feels and not on the grades. Children are afraid that they might lose mum and dad’s love and constantly strive to win their admiration. Show your unconditional love to your child and give him or her time to understand the material through examples and explanations. More importantly, a child should develop as a self-confident person instead of instilling a sense of failure in him or her. For that purpose it is appropriate to praise the child for every solved problem. And we should not point to the wrong answers to problems as failures but we should explain where the confusion might have come from and explain the principle once again.

I, the undersigned Lyudmila Georgieva Kovacheva, certify the truthfulness of the translation made by me from Bulgarian into English language of the attached document – Newspaper article. The translation consists of 1 page.

Translator:

/Lyudmila Georgieva Kovacheva/

